



MAINE SCHOOL ADMINISTRATIVE DISTRICT NO. 42  
Elaine Boulier, Superintendent of Schools  
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January 4, 2022

Dear Parents,

I am writing to inform you that the Maine CDC along with the Maine Department of Education has updated the Standard Operating Procedures that schools are required to follow. The changes became effective as of December 30th. Some of the big changes include:

- isolation and quarantine periods for students and staff have been shortened to 5 days
- The Maine CDC is aligning its definition of a school outbreak with COVID to its current definition of outbreak from other infectious diseases (which is currently 15% of total student population absent for sickness)
- The Maine CDC will no longer consider exposure to COVID in an outdoor setting or on a school bus

Close contacts must quarantine for 5 days from last COVID-19 exposure from school and school activities and then wear a mask for an additional 5 days **unless** at least one of the following conditions applies:

1. The close contact (staff or student) is boosted; or
2. The close contact is a fully vaccinated 16-17-year-old student who, according to the U.S. CDC, may receive a booster but has not yet done so; or
3. The close contact (staff or student) is not eligible for a booster but is fully vaccinated; or
4. The close contact (staff or student) completed their second mRNA dose within 6 months (or completed their J&J vaccine within two months); or
5. The close contact (staff or student) participates in school pooled testing; or
6. The school is enforcing a mandatory masking policy.

If you are interested in reading the revised SOP, here is the link:

<https://www.maine.gov/doe/covid-19/sop>

As always, if you have any questions, please feel free to contact Poppy York, District Nurse at [pyork@sad42.us](mailto:pyork@sad42.us) or me.

Sincerely,

Elaine Boulier, C.A.S.  
Superintendent of Schools.